## NGARUAWAHIA HIGH SCHOOL

Newsletter #2 admin@ngaruawahiahigh.school.nz Phone: 824-8729



#### Whakatauki:

He oranga ngaakau, he pikinga waiora

Positive feelings in your heart will enhance your sense of self-worth.

#### Science Scene





Following our trip to Raglan, the Year 12 & 13 scientists are creating models of ways to clean up (vegetable) oil spills to compare the effectiveness of each method.





### Top Town with Hamilton Christian School



On 12<sup>th</sup> of April, Ngaruawahia High School held a Top Town Sports Day with Hamilton Christian School. Activities were Slippery Slide, Soft Ball, Kiorahi and Ultimate Waterfight!

Nathan Wisse (Headboy of HCS) and Teina (our Headgirl) organized this event and Levi Kimpton ensured the paper work was done.

An awesome day with new friends and connections.















#### HAVE YOU DOWNLOADED OUR SCHOOL APP YET?

NEVER MISS IMPORTANT SCHOOL INFORMATION AGAIN!



- \*Events
- \*Notices
- \*Instant school messages
- \*Absentee
- \*Newsletters
- \* Permission Slips





Simple free download: In the Play Store and App Store search 'Skool Loop NZ' & choose our school once installed



#### **Mufti Day**



On April 6th our Student Council organized a mufti day to help raise money for sports equipment. We were blessed with a beautiful day and at interval we had games and a treasure hunt. Ariana Maniapoto & Tui Deacon were excellent players and won a packet of Fruitbursts. At lunchtime we had a friendly game of staff vs students Tug of War.

Teachers 1 Students 0

It was a great day and we encourage students to participate in events we have on mufti days. This year we are going to trial a new app to keep in touch with our whanau more easily. It is called "Skool Loop NZ" and you can download it free from your app store. At the moment, whanau can see our calendar events, newsletters

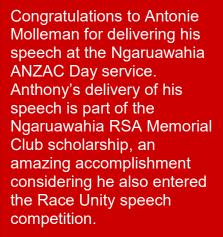
The app also has the ability to do paperless permission slips.

If you don't have an email on your child's contacts or it needs to be updated, please call the office.



The awesome crew from Te Ahurei a Rangatahi came in to deliver an important message about self-confidence and respect for ourselves and others.

#### Te Ahurei a Rangitahi



He represented himself, his whaanau and our school with pride.

### YOUTH INTACT

AVAILABLE WEDNESDAY

Youth Intact Helps Youth to make changes to their Drug and Alcohol Use

To book an appointment text or phone **DAVE HARRIS - 021 528 381** or email: youthintactreferrals@odyssey.org.nz



Web: www.odyssey.org.nz Web: www.youthintact.org.nz



#### **Our Easter Egg Raffle**





Congratulations to our winners of the Senior Ball Committee's Easter Egg Raffle. A spectacular achievement, managing to provide 7 prizes.

#### **Bravehearts**

On March 9th & 13th the Junior school travelled to Waikato University to view the Bravehearts Roadshow. It was an amazing opportunity to see how the heart/circulatory system works and how human hearts compare in size to elephants, sheep etc. Students learnt how technology has changed how heart operations are done, how damaged valves were once repaired using pig and calf valves.

The students were taken into the university gymnasium to do exercises and had their blood pressure taken before and after to show the effects of exercise.

Students were shown healthy options of food and exercise to keep their hearts in the best possible condition...for life.









The Bravehearts roadshow was a fantastic example of the use of technology to engage students in what is a complicated but extremely important subject. Hopefully their new awareness will be shared with whaanau and friends.

# Shakespeare Festival A Midsummer Night's Dream









Congratulations to our Shakespeare Group who performed at the Regional Shakespeare Festival at St Peters. Everyone raised themselves to new heights and did us proud. While Hamilton Boys High School and Sacred Heart Girls College were chosen to represent the region at the nationals, special mention was made of Creed Fletcher's acting in the judge's closing comments. They said that they were impressed by the quality of his voice and his ability to fill the room with it.

## **Waka Ama Nationals**

















March 21<sup>st</sup> our 4 Waka Ama crews headed to Rotorua for the Secondary School's National competition.

Months of training and fundraising coming together. Everyone excited and nervous. All teams made it into the finals of their divisions.

Many thanks to Diane Brown (Mama Bear) for her support and manaakitanga throughout the week.

#### **Triathlon**

Ngaruawahia High School participated in the Waikato Secondary School Triathlon Championships on Wednesday the 4th of April. There were a record 140 teams entered and we entered an under 14 mixed and under 16 mixed team. Both teams were competitive with the under 14 team winning a silver medal. NHS hope that students enter individual triathlons that run at Karapiro in November.







